

Virgin London Marathon 2010



Running for SportsAid – FAQs

Q Do I have to raise a minimum amount of money if I secure a SportsAid Gold Bond place?

A Yes, we ask each Golden Bond runner to try and raise a minimum of £1500, which is consistent with other charity Golden Bond minimums.

Q What is a 'Golden Bond'?

A Charities purchase Gold Bonds from the London Marathon, which guarantees the runner a place without having to go through the ballot draw. This is why charities ask for a minimum fundraising amount from their runners.

Q What is the minimum age for running the London Marathon?

A You have to be at least 18 years of age on the day of the race.

Q When should I apply for a SportsAid London Marathon place?

A SportsAid has c.45 Gold Bond places, which can be secured immediately after the previous year's London Marathon.

Q If I don't get a place with SportsAid in the Flora London Marathon, are there other running events that I can get involved in with SportsAid?

A Yes, SportsAid has a host of other running and challenge events that you can take part in. Click [here](#) to find our more.

